## Lebanese Grill House & Juice Bar



# FOOD MENU

#### **Dear Customer**

As we cook all our meat from fresh (raw) to the best way is cooked therefore it may take longer for our chefs to prepare your meal to come to your table especially during busy periods, it may take 30 minutes or more to make sure your food is cooked perfect. We appreciate your patience

Lona Management

## Cold Mezza

| 1. HUMMOUS (V)                                   | (fresh nan bread include                                | ed)          | حمص              | £4.20   |
|--|---|--------------|------------------|---------|
| A smooth blend of chi<br>drizzled with olive oil | ckpeas, sesame puree &                                  | lemon juice, |                  |         |
| 2. BEETROOT HUI                                  |   | مندر         | حمص بالش         | £4.95   |
| (fresh nan bread inclu                           |   | <b>_</b>     | • •              |         |
| <b>3. SPICY HUMMOU</b>                           | JS (V) (fresh nan bread                                 | included) 🄰  | حمص حار          | £4.75   |
| 4. BABA GANOUS                                   | H (V) (fresh nan bread                                  | included)    | بابا عىوج        | £4.20   |
| Garnished with olive of                          | bil, sesame puree & lemo                                | n juice,     |                  |         |
|  | of grilled eggplant, parsl                              | ey and yogu  | تاتزیکی          | £2.0E   |
| 5. TAZIKI (YOGHUF                                | nezza or appetizer, cool a                              | and          | <u>ە</u> تر يىتى | £3.73   |
| creamy cucumber dip                              | flavoured with garlic and                               | d mint       |                  |         |
| 6. WARAK INEB                                    | ✓)  |              | ورق عنب          | £3.95   |
| <b>.</b> .                                       | ves, filled with rice, toma                             | atoes        |                  |         |
| 7. TABBOULEH (V                                  |   |              |                  | £4.95   |
|  | astern salad traditionally<br>ped parsley, and onion, s |              |                  |         |
| olive oil and lemon dr                           | essing  |              |                  |         |
| 8. FATOUSH SALA                                  |   |              | سلطة فتوش        | £4.95   |
| Fresh mixed salad wit                            | h bright dressing                                       |              | 0 )              |         |
| and pieces of crisp pita                         |   |              |                  | ~~~~    |
| 9. CHEESE SALAD                                  |   |              | سلطة جبن         | £3.95   |
| Diced cucumber toma<br>fresh mint, olives, olive | to, red onion,<br>e oil and fetta cheese                |              |                  |         |
| 10. LONA MIXED                                   |   | كله          | لوناسلطةمش       | £3 95   |
| 11. LONA MIXED                                   |   |              | لونا زينون       |         |
| Tasty Mixed Mediterra                            |   | مسدن         | بوت ريبون        | 27.75   |
|  | MEZZA (V) (8 MEZZA                                      | کله (۲)      | لونا مزة مشد     | £14.95  |
| (Fresh nan bread inclu                           | ided)   |              |                  |         |
|  | vocado Hummous, Hun                                     |              |                  |         |
|  | ouleh, Vine Leaves and Lo                               |              |                  | C 10 OE |
| (Fresh nan bread inclu                           | D MEZZA (14 MEZZA':                                     | بیر رد       | مزة مشكله ك      | £10.75  |
| Hummous, Spicy Hum                               | mous, Falafel, Avocado                                  | Hummous,     |                  |         |
| Batata Harra, Taziki, C                          | heese Bourek, Halloumi                                  | & Soujouk,   |                  |         |
| Baba Ganoush, Shamy                              | / Kubba and mix olives, \                               | Vegetable Bc | ourak, Tabbo     | buleh   |
|  |   |              |                  |         |
|  | Soups   |              |                  |         |
|  |   |              |                  |         |
|  | Friday, Saturday & Sur                                  | nday only    |                  |         |

14. LENTIL SOUP (Fresh nan bread included) Flavoured with warm spices, then blended to a velvety smooth texture

**3.25£** شربة عدس

## Hot Mezza

| حمص مع الكبــاب 15. HUMMOUS WITH KEBAB  | £7.95  |
|---|--------|
| Lamb or Chicken or Chicken Liver (fresh nan bread included)   |        |
|   | £3.95  |
| Deep fried ground chickpeas with special spices   |        |
| روبیان  |        |
| الطاحاره  | £3.95  |
| Potato cubes sautéed with coriander, garlic & flaked chilli   | £5.95  |
| 19. SPINACH & FETA CHEESE SALAD (V) سبانخ مع فاتا جبنه Sautéed fresh spinach in garlic, extra virgin  | £3.75  |
| olive oil topped with feta cheese   |        |
| بوراك لحم 20. LAMB BOUREK   | £4.95  |
| Pastry made of thin flaky fingers filled with spiced minced lamb                                      |        |
| بور اك خضرة 21. VEGETABLE BOURAK (V)  | £3.95  |
| Pastry made of thin flaky fingers filled with mix vegetables  |        |
| and deep fried<br>22. CHEESE BOUREK (V)   | £2.05  |
| بور الف جبن Pastry made of thin flaky fingers filled with   | £3.75  |
| halloumi choose and fresh mint  |        |
| بور ا <sup>ل</sup> سبانخ 23. SPINACH BOURAK (V)   | £4.95  |
| Spring rolls made of thin flaky fingers filled with spinach and feta che                              | ese    |
| سوجوڭ 24. SOUJOUK   |        |
| Sundried spicy sausages (beef) made with a secret blend of Eastern s                                  |        |
| سوجوك مع حلومي  | £6.95  |
| Sundried spicy sausages (beef) made with a secret<br>blendof Eastern spices & grilled halloumi cheese |        |
| حلومي 26. HALLOUMI (V)  | £5 50  |
| ترجي Grilled salted halloumi cheese topped with olive oil   | £3.30  |
| كبه شاميه 27. SHAMY KUBBA   | £4.95  |
| Crushed cous-cous, stuffed with minced lamb,  | ~      |
| parsley, onion, deep fried  |        |
| 28. HALAB KUBBA   | £4.95  |
| Crushed cous-cous stuffed with minced lamb,   |        |
| herbs and deep fried  |        |
| بطاطس جاب<br>Lightly crispy on the outside, fluffy on the inside, a fragrant                          | £4.90  |
| Eastern spiced minced lamb mixed with traditional herbs   |        |
| encompassed with mashed potato crust & deep fried   |        |
| 30. POTATO CHAP VEG (V)   | £4.95  |
| 31. CHICKEN LIVER   | £4.95  |
| Pan fried chicken liver with choice of peri peri or pomagranite sauce                                 |        |
| عر ايس لحم (ADD CHEESE FOR EXTRA £1) عر ايس   | ÷£4.95 |
| A tasty and delectable mini grilled calzone with spiced minced lamb                                   |        |
| جوانح دجاج (CHICKEN WINGS) جوانح دجاج (Chicken wings)   | £6.50  |
| Charcoal grilled marinated chicken wings  |        |



### All served with salad and choice of Rice, Fries or Burgal (wheat)

| ی مشکلیة <b>34. MIX SHISH</b>                                     | £13.50 مشاور                   |
|---|--------------------------------|
| 2111211 TAOUK & IAITID IVIE211WI                                  |                                |
| dh مق 35. SHISH TAOUK   | <b>£13.95</b> <sub>سْىِش</sub> |
| Specially mannated cubes of chicken bleast                        |                                |
| and grilled over charcoal   |                                |
| 36. LAMB MESHWI مى ش  | <b>£13.95</b> لحم م            |
| Tender lamb cubes specially prepared in our                       |                                |
| chefs marination and arilled over charcoal                        |                                |
| 37. KOFTE KEBAB   | <b>£12.50</b> كفته ل           |
| Seasoned minced lamb mixed with spices formed                     |                                |
| into sausages aroundskewers and grilled over charcoal             |                                |
| 38. CHICKEN KOFTE   | £12.95 كفته                    |
| Seasoned minced chicken mixed with spices formed                  |                                |
| into sausagesaround skewers and grilled over charcoal             |                                |
| 39. MIXED KOFTE   | £12.95 <sub>كفته</sub>         |
| مشکلیہ<br>Chicken Kofte & Lamb Kofte                              |                                |
| ، مشکلیة 1 40. MIXED GRILL ONE                                    | £14.95 مىشاوې                  |
| ي مسحت Shish Taouk, Lamb Meshwi & Lamb Kofte                      | <b>ر ا ا ح</b> مساوع           |
|   | <b>£17.95</b> مىشاوې           |
| ي مشكلية 2 Z Lamb Cutlets, Chicken Musahab,                       | وروالا کے مشاوع                |
| Lamb Arayes & Shish Taouk   |                                |
|   | <b>£28.95</b> مىشارې           |
| ي مسحت (3 Spicy Lona Lamb Kofte, 3 Lamb Cutlets,                  | <b>۲۵./3</b> مساوی             |
| Chicken Wings & Lamb Arayes                                       |                                |
| 43. LAMB CUTLETS  | £18.95 <sub>كستلات</sub>       |
| Marinated lamb cutlets and grilled over charcoal                  |                                |
| 44. LONA LAMB KOFTE   |                                |
| کفته مشویه<br>Seasoned minced lamb mixed with spices fresh garlic | £12.95 لونا ک                  |
| and green chilli, formed into sausages around skewers             |                                |
| and grilled over charcoal   |                                |
|   | 1 . £17.05                     |
| Grilled boneless chicken leg spiced & marinated                   | <b>£12.95</b> دجاج             |
| and grilled over charcoal   |                                |
|   | £17.05                         |
| د جاج Charcoal grilled marinated chicken wings                    | <b>£12.95</b> جوانح            |
|   | · <                            |
|   |                                |
| HALF £13.95 WHC   | DLE $£22.95$                   |
| Juicy grilled chicken marinated                                   |                                |
| in lemon piri piri sauce  |                                |
| 48. BUTTERFLY CHICKEN BREAST                                      | £16.95                         |
| Moinst and flavourful grillked chicken breast                     |                                |
| marianted in lemon peri peri sauce                                |                                |
|   |                                |
|   |                                |



All steaks served with salad, Mushroom sauce or Pepper sauce and choice of Rice, Fries Or Burgal (Wheat)

### 49. 80Z SIRLOIN STEAK

£15.95

A generous slice of melting sirloin with a thin cover of creamy fat, lightly brushed sides with oil and season with salt and pepper on the grill 50. RIB EYE STEAK

£15.9 Rib eye is known for its richness, the sweetest and juiciest of beef, a moist, tender, succulent and intensely flavoursome gourmet steak

#### 51. T-BONE STEAK

£17.95 A juicy, thick, marbled sirloin, plus a tender, subtly-flavoured fillet, joined together by the famous T Bone! to really intensify their flavours. Grilled to your liking and seasoned well with salt and freshly ground black pepper 52. FILLET STEAK £17.95

Hand cut delicious and extremely tender, juicy fillet steaks which melts in your mouth every time with full of delicious flavours. Grilled and seasoned well with salt and freshly ground black pepper

53. BUTTERFLY CHICKEN BREAST £17.95 Moist and flavourful grilled chicken breast marinated in lemon piri piri sauce



All served with salad and choice of Rice, Fries or Burgal (wheat)

#### 54. KING PRAWNS

**£18.95** روبيان

Succulent king prawns with a delicious, spicy fresh herbs, to give the taste of the Mediterranean aromatic spice. Drizzle with olive oil and seasoned with salt & pepper, sautéed in garlic, parsley with a hint of chilli 55. SEA BASS £17.95 سمك مشوي Marinated whole sea bass in Lona special sauce, grilled over charcoal 17.95£ فيليه سمك السلمون 56. FILLET SALMON A Prime loin cut of the best part of the salmon, marinated in Lona special sauce, grilled over charcoal

57. LONA SEAFOOD SPECIAL Sea bass or salmon with 1 skewer of king prawns **£22.95** سمك مشوى خاص



Served with Rice, Fries, Burgal (wheat), Nan Bread & Salad

## FOR 2 PERSONS ONA ROUND 1 Lamb Meshwi **1** Shish Taouk 1 Chicken Kofte **Chicken Wings** Lamb Arayes 1 Nan Bread

£29.95

FOR 3-4 PERSONS ON 2 Lamb Kofte 1 Chicken Kofte 1 Lamb Meshwi 1 Shish Taouk 2 Pcs Chicken Musahab **4 Pcs Cutlets Chicken Wings** 2 Lamb Arayes 1 Nan Bread

£49.95

FOR 4-5 PERSONS CNA 2 Lamb Kofte 2 Lamb Meshwi 2 Shish Taouk **3 Pcs Chicken Musahab 5 Pcs Cutlets Chicken Wings** 2 Lamb Arayas **King Prawns** 2 Nan Breads

£59.95



Served with Rice, Fries, Burgal (wheat), Nan Bread & Salad

POR 5-6 PERSONS ROUND O 3 Lamb Kofte 3 Lamb Meshwi 3 Shish Taouk 2 Chicken Kofte 4 Pcs Chicken Musahab 6 Pcs Cutlets Chicken Wings King Prawns 3 Lamb Arayas 2 Nan Breads

£79.95

Con the constant of the consta



Served with Rice, Fries, Burgal (wheat), Nan Bread & Salad

| 58. SAUTÉED SPINACH & HALLOUMI CHEESE (V)<br>Sautéed spinach in olive oil with a delicious         | £13.95 |
|--|--------|
| addition of grilled halloumi (a firm, mild cheese)<br>59. GRILLED VEGETABLES & HALLOUMI CHEESE (V) | £15.95 |
| Mix vegetables cooked completely on the grill<br>with halloumi cheese                              | 213.75 |
| 60. VEGETARIAN PLATTER (V)<br>Grilled vegetables, home made cheese bourak                          | £16.95 |
| falafel and a side of mushroom sauce   |        |





100% HOMEMADE BURGERS COOKED ON CHARCOAL All comes with Chips and Choice of Lamb or Chicken

| 61. FUEL BASIC  | £7.95 |
|---|-------|
| With double cheese, sautéed onions, lettuce, tomato & gherkins<br>62. BIO FUEL                      | £7.95 |
| With fresh pepper sauce, tomato, grilled mushrooms & onion<br>63. THIRD POUNDER                     | £8.95 |
| Lamb, Chicken and salami tower with sautéed<br>onion, lettuce, tomato,gherkins & pineapple          |       |
| 64. HOT ROD<br>With chefs spicy relish, fried aubergine, lettuce,                                   | £7.95 |
| tomato, gherkin & pineapple<br>65. ROAD RUNNER  | £7.95 |
| With grilled mushrooms, onion, cheese, avocado sauce<br>& sweet grilled peppers                     |       |
| 66. FALAFEL BURGER (V)<br>With tahini sauce, mixed salad, onion & fried aubergine                   | £6.95 |
| 67. PIRI PIRI CHICKEN BURGER)<br>With Piri Piri mild sauce, onion, tomato & lettuce                 | £7.95 |
| 68. VEGETABLE BURGER (V) With salad & tahini sauce  | £6.28 |
| <b>69. HALLOUMI BURGER (V)</b><br>Halloumi, beetroot, pineapple, mix pepper, spinach & tahini sauce | £7.95 |



70. PLAIN WHITE RICE (V)
71. BURGAL (WHEAT) (V)
72. FRIES (V)
73. ONION RINGS (V)
74. GARLIC NAN (V)
75. NAN BREAD (V)
76. SAUCES
Mushroom, Pepper Sauce
77. GRILL FLAT MUSHROOMS
Marinated in pomogranite sauce

| رز        | £3.50 |
|-----------|-------|
| بر غل     | £3.50 |
| بطاطب     | £2.50 |
| حلقات بص  | £3.00 |
| خبز الثوم | £2.50 |
| خبز       | £1.00 |
| صلصة      | £3.50 |
|           |       |



All wraps are served with fries

| Specially marinated cubes of chicken brochette s  | <b>£8.50</b> شيئر   |  |
|---|---------------------|--|
|   | <b>£8.95</b> لحم    |  |
| Charcoal grilled tender pieces of specially<br>prepared lamb wrapped in tortilla                                    | <b>£8.50</b> کفته   |  |
| الحم 79. LAMB KOFTE<br>Seasoned minced lamb mixed with spices<br>formed into sausages around                        | £0.3U               |  |
|   | <b>£8.50</b> كفته   |  |
| formed into sausages around skewer and grilled,<br>wrapped in tortilla  |                     |  |
|   | <b>£9.25</b> كفته   |  |
| into sausages topped with halloumi cheese wrapped into a tortilla   |                     |  |
| 82. CHICKEN KOFTE & HALLOUMI<br>83. HALLOUMI (V)  | £9.25 کفته<br>£7.95 |  |
| extra virgin olive oil wrapped in tortilla  | حلوم<br>حلوم        |  |
| 84. SOUJOUK & HALLOUMI<br>Sundried sausages (beef) made with a secret b ق مع حلومي ق مع حلومي                       | <b>£7.95</b><br>سجو |  |
| wrapped in tortilla   |                     |  |
| ة مسَّوية مع جبن حلومي  | £8.50 حصر           |  |
| Fresh local market mixed vegetables marinated<br>slowly grilled & toppedwith halloumi cheese<br>wrapped in tortilla |                     |  |
| ••  | <b>£8.50</b> فلافل  |  |
| special Middle Eastern spices and hummous<br>wrapped in tortilla  |                     |  |
|   |                     |  |

**10% SERVICE CHARGE** 

Welcome To Lona

An authentic Lebanese restaurant that is more than just dining. Lona is an experience, a place for those with a palatable adventure.

Enjoy the best traditional Lebanese cuisine in an atmosphere true to Lebanese culture. Traditional spices and flavours make each offering an opportunity to experience classics and delicacies in new and exciting ways. Every dish becomes a culinary journey that ignites the senses.

The hospitality and warmth of the people of Eastern Mediterranean couldn't be more clearly represented than in the quintessential concept of the cuisine of Lebanon;

The menu of Lona is a true reflection of this highly entertaining and welcoming food culture, not to mention our wholesome main dishes that will complete your journey through the whole spectrum of the earthy, robust, aromatic flavours of the Lebanese cuisine.

Lebanese cuisine, fine exquisite variety of fresh juice cocktails, along with beautiful culture and a great ambience presents a one of a kind dining experience. The mood is cool, casual and the staff are friendly and attentive. Classic cocktails are well executed and made with fresh fruits. Be sure to try our Signature Cocktails.

As we cook all our meat from fresh (raw) to the best way is cooked therefore it may take longer for our chefs to prepare your meal to come to your table especially during busy periods, it may take 30 minutes or more to make sure your food is cooked perfect. We appreciate your patience.

All allergies must be reported to waiter, we are not responsible for any allergic reaction that may be caused from our dishes. Please ask a member of staff for the ingredients contained in our dishes to avoid allergic reactions.





# EAT WELL JUICE WELL FEEL WELL

## Thank you