Lebanese Grill House & Juice Bar





Dear Customer

As we cook all our meat from fresh (raw) to the best way is cooked therefore it may take longer for our chefs to prepare your meal to come to your table especially during busy periods, it may take 30 minutes or more to make sure your food is cooked perfect.

We appreciate your patience

Lona Management

Cold Mezza

1. HUMMOUS (V) (fresh nan bread included) A smooth blend of chickpeas, sesame puree & lemon	£4.20 ح مص n iuice.
drizzled with olive oil	
2. BEETROOT HUMMOUS (V)	£4.95 حمص بالشـمندر
(fresh nan bread included)	
3. SPICY HUMMOUS (V) (fresh nan bread included)	£4.75 حمص حار ((ded
4. BABA GANOUSH (V) (fresh nan bread included)	· //
Garnished with olive oil, sesame puree & lemon juice	e.
decorated withpuree of grilled eggplant, parsley an	
5. TAZIKI (YOGHURT) (V)	3.95 تاتزيكي
A Greek and Turkish mezza or appetizer, cool and	6 . 9 ~ ~ 2. 2 5
creamy cucumber dip flavoured with garlic and min	t
6. WARAK INEB (V)	£3.95 ورق عنب
Rolled grape Vine Leaves, filled with rice, tomatoes	, 555
7. TABBOULEH (V)	£4.95 تبولة
A Levantine Middle Eastern salad traditionally made	e of burgal,
tomatoes, finely chopped parsley, and onion, season	ned with
olive oil and lemon dressing	
8. FATOUSH SALAD (V)	£4.95 سلطة فتوش
Fresh mixed salad with bright dressing	
and pieces of crisp pita bread	
9. CHEESE SALAD (V)	£3.95 سلطة جبن
Diced cucumber tomato, red onion,	
fresh mint, olives, olive oil and fetta cheese	14 . *1
10. LONA MIXED SALAD (V)	£3.95 لوناسلطة مشكله
11. LONA MIXED OLIVES (V)	£4.95 لونا زيتون مشكل
Tasty Mixed Mediterranean olives	
12. LONA MIXED MEZZA (V) (8 MEZZA'S)	£14.95 لونا مزة مشكله
(Fresh nan bread included)	
Beetroot Hummous, Avocado Hummous, Hummou	
Baba Ganoush, Tabbouleh, Vine Leaves and Lona m	
13. JUMBO MIXED MEZZA (14 MEZZA'S)	18.95£ مزة مشكله كبير
(Fresh nan bread included)	
Hummous, Spicy Hummous, Falafel, Avocado Humr	
Batata Harra, Taziki, Cheese Bourek, Halloumi & Sou Baba Ganoush, Shamy Kubba and mix olives, Veget	
Baba Ganoush, Shamy Kubba and mix olives, veget	abie bourak, rabboulen

Soups

Friday, Saturday & Sunday only

3.25 شربة عدس

14. LENTIL SOUP (Fresh nan bread included)
Flavoured with warm spices, then blended to a velvety smooth texture

Hot Mezza

مص مع الكباب 15. HUMMOUS WITH KEBAB	£7.95
Lamb or Chicken or Chicken Liver (fresh nan bread included) 16. FALAFEL (V)	£3.95
Deep fried ground chickpeas with special spices	
	£7.95
ا بطاطا حاره	£3.95
Potato cubes sautéed with coriander, garlic & flaked chilli	
	£5.95
Sautéed fresh spinach in garlic, extra virgin	
olive oil, topped with feta cheese 20. LAMB BOUREK	CA OF
عور اك لحم Pastry made of thin flaky fingers filled with spiced minced lamb	£4.75
يور اك خضرة	£3.95
Pastry made of thin flaky fingers filled with mix vegetables	23.73
and deep fried	
وراك جبن بوراك جبن	£3.95
Pastry made of thin flaky fingers filled with	
halloumi cheese and fresh mint	
عور اك سبانخ (V) 23. SPINACH BOURAK	
Spring rolls made of thin flaky fingers filled with spinach and feta che	
سوجوك على 24. SOUJOUK	
Sundried spicy sausages (beef) made with a secret blend of Eastern s	pices
سوجوك مع حلومي 25. SOUJOUK & HALLOUMI	£6.95
Sundried spicy sausages (beef) made with a secret blendof Eastern spices & grilled halloumi cheese	
علومي دادوند المعالمة المعالمعالمة المعالمة المعالمة المعالمة المعالمة المعالمة المعالمة الم	£5.50
حوسي Grilled salted halloumi cheese topped with olive oil	23.30
27. SHAMY KUBBA	£4 95
Crushed cous-cous, stuffed with minced lamb,	~ 1.75
parsley, onion, deep fried	
كية حلي 28. HALAB KUBBA	£4.95
Crushed cous-cous stuffed with minced lamb,	
herbs and deep fried	
POTATO CHAP بطاطس جاب بطاطس جاب	£4.95
Lightly crispy on the outside, fluffy on the inside, a fragrant	
Eastern spiced minced lamb mixed with traditional herbs encompassed with mashed potato crust & deep fried	
30. POTATO CHAP VEG (V)	£4.95
	£5.25
31. CHICKEN LIVER (NEW) (RECOMMENDED) Pan fried chicken liver with choice of peri peri or pomagranite sauce	~~.ZJ
32. LONA LAMB ARAYES (ADD CHEESE FOR EXTRA £1) عرايس لحم	£4.95
A tasty and delectable mini grilled calzone with spiced minced lamb	~ / 5
33. JAWANIH (CHICKEN WINGS)	£6.50
Charcoal grilled marinated chicken wings	

Main Course Charcoal Grill

All served with salad and choice of Rice, Fries or Burgal (wheat)

34. MIX SHISH (RECOMMENDED)	مشاوي مشكلة	£13.50
Shish Taouk & lamb Meshwi		
35. SHISH TAOUK	شيش طاووق	£13.95
Specially marinated cubes of chicken breast and grilled over charcoal		
36. LAMB MESHWI	لحم مشويه	£13.05
Tender lamb cubes specially prepared in our	لحم مسویه	213.73
chefs marination andgrilled over charcoal		
37. KOFTE KEBAB	1 4716	£12.95
Seasoned minced lamb mixed with spices formed		~ 1 _ 1 2 3
into sausages aroundskewers and grilled over charcoa	l	
38. CHICKEN KOFTE	كفته دجاج	£12.95
Seasoned minced chicken mixed with spices formed		
into sausagesaround skewers and grilled over charcoa		645 56
39. MIXED KOFTE	كفته مشكلة	£13.50
Chicken Kofte & Lamb Kofte		
40. MIXED GRILL ONE	مشاوي مشكلة 1	£14.95
Shish Taouk, Lamb Meshwi & Lamb Kofte		C10 F0
41. MIXED GRILL TWO (RECOMMENDED) 2 Lamb Cutlets, Chicken Musahab,	مشاوي مشكلة 2	£18.50
Lamb Arayes & Shish Taouk		
42. MIXED GRILL THREE (RECOMMENDED)	مشاوي مشكلة 3	£28 95
3 spicy Lona Lamb Kofte, 3 Lamb Cutlets,	مساوي مست	~20.75
Chicken Wings & Lamb Arayes		
43. LAMB CUTLETS (RECOMMENDED)	كستلاتة لحم	£18.95
Marinated lamb cutlets and grilled over charcoal		
44. LONA LAMB KOFTE)	لونا كفته مشويه	£13.50
Seasoned minced lamb mixed with spices fresh garlic		
and green chilli, formed into sausages around skewers		
and grilled over charcoal		C12 F0
45. CHICKEN MUSAHAB LEBANESE STYLE	دجاج مسحب	£13.3U
Grilled boneless chicken leg spiced & marinated and grilled over charcoal		
46. JAWANIH (CHICKEN WINGS)	جوانح دجاج	£1295
Charcoal grilled marinated chicken wings	جراح دج	~12.75
47. LONA PIRI PIRI CHICKEN)	بیری بیری دجاج	
	HALF	£13.95
	WHOLE	£22.95
Juicy grilled chicken marinated	WIIOLL	~ <i>LL</i> :/5
in lemon piri piri sauce		
48. BUTTERFLY CHICKEN BREAST)		£16.95
Moinst and flavourful grillked chicken breast		
marianted in lemon peri peri sauce		

Grill Steak

All steaks served with salad, Mushroom sauce or Pepper sauce and choice of Rice, Fries Or Burgal (Wheat)

49. 80Z SIRLOIN STEAK

£15.95

A generous slice of melting sirloin with a thin cover of creamy fat, lightly brushed sides with oil and season with salt and pepper on the grill

50. RIB EYE STEAK

£15.95

Rib eye is known for its richness, the sweetest and juiciest of beef, a moist, tender, succulent and intensely flavoursome gourmet steak

51. T-BONE STEAK

£17.95

A juicy, thick, marbled sirloin, plus a tender, subtly-flavoured fillet, joined together by the famous T Bone! to really intensify their flavours. Grilled to your liking and seasoned well with salt and freshly ground black pepper

52. FILLET STEAK

£17.9!

Hand cut delicious and extremely tender, juicy fillet steaks which melts in your mouth every time with full of delicious flavours. Grilled and seasoned well with salt and freshly ground black pepper

Charcoal Grill Seafood

All served with salad and choice of Rice, Fries or Burgal (wheat)

53. KING PRAWNS

£18.95 روبيان

Succulent king prawns with a delicious, spicy fresh herbs, to give the taste of the Mediterranean aromatic spice. Drizzle with olive oil and seasoned with salt & pepper, sautéed in garlic, parsley with a hint of chilli

54. SEA BASS

£17.95 سمك مشهء

Marinated whole sea bass in Lona special sauce, grilled over charcoal

55. FILLET SALMON

£17.95 فىلىه سمك السلمون

A Prime loin cut of the best part of the salmon, marinated in Lona special sauce, grilled over charcoal

56. LONA SEAFOOD SPECIAL

£24.95 سمك مشوى خاص

Sea bass or salmon with 1 skewer of king prawns

Lona Special Rounds

Served with Rice, Fries, Burgal (wheat), Nan Bread & Salad

ONA ROUND ON 1 Lamb Kofte

1 Lamb Meshwi

1 Shish Taouk

1 Chicken Kofte

Chicken Wings

Lamb Arayes 1 Nan Bread

£29.95

ADD FLAT MUSHROOM FOR £3.25

ADD GRILL VEGETABLES FOR £3.25

FOR 3-4 PERSONS ONA ROUND THE

1 Chicken Kofte

1 Lamb Meshwi

1 Shish Taouk

2 Pcs Chicken Musahab

4 Pcs Cutlets

Chicken Wings

2 Lamb Arayes

1 Nan Bread

£49.95

FOR 4-5 PERSONS

2 Lamb Kofte

2 Lamb Meshwi

2 Shish Taouk

3 Pcs Chicken Musahab

5 Pcs Cutlets

Chicken Wings

2 Lamb Arayas

King Prawns

2 Nan Breads

£59.95

ADD HALLOUMI FOR £5.50

Lona Special Rounds

Served with Rice, Fries, Burgal (wheat), Nan Bread & Salad

FOR 5-6 PERSONS ON 3 Lamb Kofte 3 Lamb Meshwi

3 Lamb Meshwi

3 Shish Taouk

2 Chicken Kofte

4 Pcs Chicken Musahab

6 Pcs Cutlets

Chicken Wings

King Prawns

3 Lamb Arayas

2 Nan Breads

£79.95

ADD CHICKEN LIVER FOR £5.25

FOR 10 PLUS PERSONS. PRREORDS

ONA ROUND AL

6 Lamb Meshwi

6 Shish Tawok

6 Chicken Kofte

8 Chicken Mushab

10 Lamb Cutlets

6 Chicken Wings

3 Prawns

6 Lamb Aryas

£199.95

3 Flat Mushroom

Grill Vegetables

Halloumi

4 Nan Breads

Vegetarian

Served with Rice, Fries, Burgal (wheat), Nan Bread & Salad

57. SAUTÉED SPINACH & HALLOUMI CHEESE (V) Sautéed spinach in olive oil with a delicious	£13.95
addition of grilled halloumi (a firm, mild cheese)	
58. GRILLED VEGETABLES & HALLOUMI CHEESE (V)	£15.95
Mix vegetables cooked completely on the grill	
with halloumi cheese	
59. VEGETARIAN PLATTER (V)	£16.95
Grilled vegetables, home made cheese bourak	
falafel and a side of mushroom sauce	

Vegan

COMING SOON

Burgers

100% HOMEMADE BURGERS COOKED ON CHARCOAL All comes with Chips and Choice of Lamb or Chicken

60. FUEL BASIC	£7.95
With double cheese, sautéed onions, lettuce, tomato & gherkins 61. BIO FUEL	£7.95
With fresh pepper sauce, tomato, grilled mushrooms & onion 62. THIRD POUNDER Lamb, Chicken and salami tower with sautéed	£8.95
onion, lettuce, tomato, gherkins & pineapple 63. HOT ROD	£7.95
With chefs spicy relish, fried aubergine, lettuce, tomato, gherkin & pineapple	27.73
64. ROAD RUNNER With grilled mushrooms, onion, cheese, avocado sauce	£7.95
& sweet grilled peppers	64.05
65. FALAFEL BURGER (V) With tahini sauce, mixed salad, onion & fried aubergine	£6.95
66. PIRI PIRI CHICKEN BURGER) With Piri Piri mild sauce, onion, tomato & lettuce	£7.95
67. VEGETABLE BURGER (V) With salad & tahini sauce 68. HALLOUMI BURGER (V)	£6.28 £7.95
Halloumi, beetroot, pineapple, mix pepper, spinach & tahini sauce	~7175

Sides

69. PLAIN WHITE RICE (V)	رز	£3.50
ىك ماد (WHEAT) (V) 🐪 🔪 كان ماد الله على الله	بر	£3.50
اطـس عاطـس عاملـس 71. FRIES	بط	£2.50
ت بصل	حلقا	£3.00
الثوم الثوم 73. GARLIC NAN (V)	خبز	£2.50
74. NAN BREAD (V)	خبز	£1.00
	صلا	£3.50
Mushroom, Pepper Sauce		
76. GRILL FLAT MUSHROOMS		£2.25
Marinated in pomogranite sauce		
77. GRILL VEGETABLES		£3.25

Wraps

All wraps are served with fries

78. SHISH TAOUK شیش طاووق Specially marinated cubes of chicken brochette s	£8.50
kewered and grilled, wrapped in tortilla	COOF
Charcoal grilled tender pieces of specially	£0.75
prepared lamb wrapped in tortilla 80. LAMB KOFTE	£8.50
Seasoned minced lamb mixed with spices formed into sausages around	
81. CHICKEN KOFTE Seasoned minced chicken mixed with spices	£8.50
formed into sausages around skewer and grilled, wrapped in tortilla	
82. KOFTE & HALLOUMI Seasoned minced lamb mixed with spices formed	£9.25
into sausages topped with halloumi cheese wrapped into a tortilla	
83. CHICKEN KOFTE & HALLOUMI	£9.25
حلومي Charcoal grilled halloumi cheese topped with	£7.95
extra virgin olive oil wrapped in tortilla 85. SOUJOUK & HALLOUMI	£7.95
Sundried sausages (beef) made with a secret b اسجوق مع حلومي lend of Eastern spices toppedwith Halloumi, wrapped in tortilla	~7175
خضرة مشوية مع جبن حلومي 86. GRILLED VEGETABLE	£8.50
& HALLOUMI (V) Fresh local market mixed vegetables marinated slowly grilled & toppedwith halloumi cheese wrapped in tortilla	
87. FALAFEL & HUMMOUS (V) Deep fried made from ground chickpeas with special Middle Eastern spices and hummous wrapped in tortilla	£8.50

Welcome To Long

An authentic Lebanese restaurant that is more than just dining. Lona is an experience, a place for those with a palatable adventure.

Enjoy the best traditional Lebanese cuisine in an atmosphere true to Lebanese culture. Traditional spices and flavours make each offering an opportunity to experience classics and delicacies in new and exciting ways. Every dish becomes a culinary journey that ignites the senses.

The hospitality and warmth of the people of Eastern Mediterranean couldn't be more clearly represented than in the quintessential concept of the cuisine of Lebanon;

The menu of Lona is a true reflection of this highly entertaining and welcoming food culture, not to mention our wholesome main dishes that will complete your journey through the whole spectrum of the earthy, robust, aromatic flavours of the Lebanese cuisine.

Lebanese cuisine, fine exquisite variety of fresh juice cocktails, along with beautiful culture and a great ambience presents a one of a kind dining experience. The mood is cool, casual and the staff are friendly and attentive. Classic cocktails are well executed and made with fresh fruits. Be sure to try our Signature Cocktails.

As we cook all our meat from fresh (raw) to the best way is cooked therefore it may take longer for our chefs to prepare your meal to come to your table especially during busy periods, it may take 30 minutes or more to make sure your food is cooked perfect.

We appreciate your patience.

All allergies must be reported to waiter, we are not responsible for any allergic reaction that may be caused from our dishes. Please ask a member of staff for the ingredients contained in our dishes to avoid allergic reactions.

Burgal (Wheat) Vegetarian (V)
Hot
Mild



JUICE WELL FEEL WELL

Thank you